

Text: Philippians 4:8-9
Topics: Actions, Thankfulness, Thoughts, Peace
Series: Overflowing Thankfulness

Monroe Bible Church
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Building a Thankful Spirit

I. The Thinking Do's (8)

The will of God is that I continuously focus my thoughts on what He calls worthy.

II. The Action Do's (9)

The will of God is that I strive to live out the virtues He has given and thereby experience the peace of His presence.

Application Questions - These questions are provided for your further study and application of the subject of today's message. Thoughtfully writing out answers to these questions will help drive home the point. They are designed to be discussed in your home, with other believers, and in a Life Group for even more benefit.

1. Read Philippians 4:8. How would you define the "dwell" ("think" in some translations) in this verse?

What does, or would, that look like in everyday life for you?

2. The first of the 6 categories in this verse is "whatever is true." List 10 truths God has given about your identity. Do you have trouble believing any of these 10? Explain.

3. Look over the other 5 categories in verse 8. Think about "any excellence" as well. List 10 good things in your life that are worthy of pondering their value to you.

What effect did making the list have on you?

4. Read Philippians 4:9. How would you define "practice" ("do" in some translations)?

What are 2-3 Christian virtues you practice? How is it beneficial to your life?

What is 1 Christian virtue that you aren't practicing very well. Pray about it and ask God to help you build practicing it into your life. What is your plan?

"Dwell" and "practice," and notice if you are experiencing God's presence in a new or fuller way in the coming weeks!